

READ CAREFULLY

On the right hand side tick the program you are enrolling in and the course price your paying - indicate by placing the tick alongside the full fee or early bird price. Submit (pages 2 to 5) to the Smart Bowen® head office for the initial



Equine Owners and/or Equine Diploma Program		
Module 1 – Equine Essentials - Training Intensive 2 Days - <i>inclusive required Text Book - Peter Goody 'Horse Anatomy'.</i>	\$580	
Paid 21 days in advance of the scheduled program	Early Bird \$510	
I already have the Text Book - Peter Goody 'Horse Anatomy' please tick here and pay the course fee of \$480 early bird / \$550 late fee.		
Equine Diploma Program		
Equine Anatomy - Home Study	\$385	
Module 2 - Training Intensive 2 Days	\$660	
Paid 21 days in advance of the scheduled program	Early Bird \$590	
Module 1 & 2 - Consolidation and Clinical practice – 1 Day	\$330	
Paid 21 days in advance of the scheduled program	Early Bird \$295	
Module 3 - Training Intensive 2 Days	\$660	
Paid 21 days in advance of the scheduled program	Early Bird \$590	
Modules 1 - 3 - Consolidation and Clinical practice – 1 Day	\$330	
Paid 21 days in advance of the scheduled program	Early Bird \$295	
Module 4 - Training Intensive 2 Days	\$660	
Paid 21 days in advance of the scheduled program	Early Bird \$590	
Modules 1- 4 - Consolidation and Clinical practice – 1 Day	\$330	
Paid 21 days in advance of the scheduled program	Early Bird \$295	
Final Written Assessment	\$150	
Final Practical Assessment – 1 Day	\$330	
Paid 21 days in advance of the scheduled program	Early Bird \$295	
PROGRAM TOTAL - @ Early Bird (entire program)	\$3995	

THIS IS A 'PAY AS YOU GO' PROGRAM

If you would like to pay the full program fee 'upfront' @ the Early Bird price, please contact head office before doing so.

SMART BOWEN® EQUINE DIPLOMA PROGRAM – COURSE GUIDE

Module 1 – Equine Essentials - Owner & Diploma Program (2 day intensive)

Students learn 7 fundamental Bowen moves/sequences that make up the **Basic Body Balance**, which are commonly found within most Bowen treatments applied to horses. A detailed manual is provided with Module 1.

Bowen Moves learnt in the Basic Body Balance:

1. **Lumbar/Wither Activators**
2. **Neck (short version)**
3. **Open Back**
4. **Guteals**
5. **Latissimus dorsi**
6. **Abdominals**
7. **Hamstrings**

Material covered within the M1 manual:

- **History of Tom Bowen** (short version)
- **History of Smart Bowen**
- **Anatomy** - Introductory information on horse anatomy
- **Planning and Performing a Bowen Treatment** - Covers a wide range of relevant information associated with the delivery of successful Bowen treatments.
- **OHS** – Working safely around horses.
- **Bowen Moves** – Each of the 7 Bowen moves/sequences that make up the Basic Body Balance are studied in detail. The muscles associated with the Bowen moves, the location, anatomical landmarks and more are covered in this section to make the application of the BBB easy to follow and understand.
- **Bowen Applications** – Horses are presented with different problems and the student will learn how they might apply all or some of the 7 Bowen moves learnt in a variety of ways.
- **Study Guide** – For general knowledge and for students continuing into the Diploma Program, a study guide is provided.

Student Outcomes

Over the 2 day training intensive the student will learn to look at their horses in an amazingly different way. Working safely around horses is important and to this effect we cover practical, common sense approaches. The student will gain general information on how to maximise the effect of the Bowen Therapy applied. An appreciation of the anatomical placement of key muscle/skeleton and other soft tissue that encompass the horse's anatomy will be gained whilst learning how to successfully apply the Bowen moves and formulate a treatment to facilitate health and wellbeing for their horse/s.

At the back of M1 manual a study guide is provided for the continuing education of the student. A series of questions have been asked to which the student answers by resourcing their manual. A checklist page with the answers is provided. Material covered in the study guide will be in the Final Closed Book Written Assessment that students must complete as part of their qualifications in the Diploma Program.

Point Location Chart and Questions – A further study guide is provided for the student to learn palpable point locations on the horse along with key skeletal, muscles, tendons and ligaments. In the Diploma Program the student will be continually assessed on their knowledge of this material and in the Final Practical Assessment the student will need to be competent in these locations.

Module 2 - Diploma Program (2 day intensive)

Students learn a further 9 fundamental Bowen moves/sequences supportive to the Basic Body Balance, which are commonly found within most Bowen treatments applied to horses. A detailed manual is provided with Module 2.

Bowen Moves learnt in M2

1. **Neck (full version)**
2. **Shoulder (short version)**
3. **Girth**
4. **Kidney**
5. **Brachiocephalic**
6. **Tail**
7. **Biceps Femoris**
8. **Closing Back**
9. **Extra Neck**

Material covered within the M2 manual:

- **History of Tom Bowen** (expanded version)
- **Consultation Process**
- **Palpation Process**
- **Anatomy** - Introductory information expanded
- **Bowen Moves** – Each of the 8 Bowen moves/sequences are studied in detail. The muscles associated with the Bowen moves, the location, anatomical landmarks and more are covered in this section to make the application each easy to follow and understand.
- **Bowen Applications** – Presentations of different problems with horses are reviewed and the student will learn how to apply the Bowen moves learnt in a variety of ways.
- **Study Guide** – For general knowledge and for students enrolled in the Diploma Program, a study guide is provided.
- **Case Studies** – Students will be provided a booklet to fill in and return. (see Home Study).

Student Outcomes

Over the 2 day training intensive the student will build on essential knowledge aimed at assessing horses through visual and palpation techniques. Anatomical placement of the skeleton, muscles, ligaments and tendons will be expanded upon. Students will revise the M1 Bowen moves and learn a further 9 Bowen moves to facilitate successful treatments on horses. An introduction to Trigger Points will also give the student an appreciation of common pain locations on horses.

At the back of M2 manual a study guide is provided for the continuing education of the student. A series of questions have been asked to which the student answers by resourcing their manual. A checklist page with the answers is provided. Material covered in the study guide will be in the Final Closed Book Written Assessment that students must complete as part of their qualifications in the Diploma Program.

Point Location Chart and Questions – The student will be continually assessed on their knowledge of this material and in the Final Practical Assessment the student will need to be competent in these locations.

Module 3 - Diploma Program (2 day intensive)

Students learn a further 9 fundamental Bowen moves/sequences supportive to the Basic Body Balance and Bowen moves learnt in M1 & M2 which are commonly found within most Bowen treatments applied to horses. They learn a Relaxation Technique that can be applied independently of a Bowen treatment, or within a Bowen Treatment.

A detailed manual is provided with Module 3.

Bowen Moves learnt in M3

- | | |
|----------------------|----------------------------|
| 1. Extra Back | 2. Shoulder (full version) |
| 3. Breathing Release | 4. Pectorals |
| 5. Inner Thigh | 6. Adductor Group |
| 7. Legs | 8. Spinous Processes |
| 9. Quadriceps Group | 10. Relaxation Technique |

Material covered within the M3 manual:

- **Anatomy** - Initial information expanded
- **Bowen Moves** – The muscles associated with the Bowen moves, the location, anatomical landmarks and more are covered in this section to make the application easy to follow and understand.
- **Bowen Applications** – Presentations of different problems with horses are reviewed and the student will learn how to apply the Bowen moves learnt in a variety of ways.
- **Meridian & Energy Systems of the Horse** – Like humans' horses have Acupuncture points and Meridian pathways as well as Chakras.
- Students learn how to apply a **Relaxation Technique** using Bowen Therapy and other approaches to benefit the horse's health and wellbeing.
- **Study Guide** – For general knowledge and for students continuing enrolled in the Diploma Program, a study guide is provided.
- **Case Studies** – Students will be provided a booklet to fill in and return. (see Home Study).

Student Outcomes

Over the 2 day training intensive the student will build on essential knowledge aimed at assessing horses through visual and palpation techniques. Anatomical placement of the skeleton, muscles, ligaments and tendons will be expanded upon. Students will revise the M1 & M2 Bowen moves and learn a further 9 Bowen moves and a Relaxation Technique to facilitate successful treatments on horses.

At the back of M3 manual a study guide is provided for the continuing education of the student. A series of questions have been asked to which the student answers by resourcing their manual. A checklist page with the answers is provided. Material covered in the study guide will be in the Final Closed Book Written Assessment that students must complete as part of their qualifications in the Diploma Program.

Point Location Chart and Questions – The student will be continually assessed on their knowledge of this material and in the Final Practical Assessment the student will need to be competent in these locations.

Module 4 - Diploma Program (2 day intensive)

Students learn a further 7 fundamental Bowen moves/sequences supportive to the Bowen moves learnt in M1 to M3. The Lymphatic Technique is a powerful addition to the Bowen Moves already learnt.

A detailed manual is provided with Module 4.

Bowen Moves learnt in M4

1. Lumbar Release
2. Sacrum / Gluteal
3. TFL
4. Stifle
5. SDC
6. Iliocaecal
7. Lymphatic Technique / TMJ

Material covered within the M3 manual:

- **Anatomy** - Initial information expanded
- **Bowen Moves** – The muscles associated with the Bowen moves, the location, anatomical landmarks and more are covered in this section to make the application easy to follow and understand.
- **Bowen Applications** – Horses are presented with different problems and the student will learn how they might apply the Bowen moves learnt in a variety of ways.
- **Study Guide** – For general knowledge and for students enrolled in the Diploma Program, a study guide is provided.
- **Case Studies** – Students will be provided a booklet to fill in and return. (see Home Study).

Student Outcomes

Over the 2 day training intensive the student will build on essential knowledge aimed at assessing horses through visual and palpation techniques. Anatomical placement of the skeleton, muscles, ligaments and tendons will be expanded upon. Students will revise the M1 to M3 Bowen moves and learn a further 7 Bowen moves/techniques to facilitate successful treatments on horses.

At the back of M4 manual a study guide is provided for the continuing education of the student. A series of questions have been asked to which the student answers by resourcing their manual. A checklist page with the answers is provided. Material covered in the study guide will be in the Final Closed Book Written Assessment that students must complete as part of their qualifications in the Diploma Program.

Point Location Chart and Questions – the student will be continually assessed on their knowledge of this material and in the Final Practical Assessment the student will need to be competent in these locations.

Consolidation & Clinical Practice M1 & M2 - Diploma Program *(1 day intensive)*

Student outcomes:

- Assessing the student on anatomical landmarks, muscle and other soft tissue locations, palpation and assessment of horses forms the basis of this intensive.
- An emphasis will be placed on revision and consolidation of the Bowen moves learnt from M1 & M2.
- When applicable the instructor may take students to outside properties to practice applying Bowen treatments on unknown horses to further their knowledge in the assessment and treatment processes attached to clinical practice.
- Mock practical assessments will be undertaken to prepare the student for the Final Practical Assessments at the end of the program for qualifying.

Consolidation & Clinical Practice M1 to M3 - Diploma Program *(1 day intensive)*

Student outcomes:

- Assessing the student on anatomical landmarks, muscle and other soft tissue locations, palpation and assessment of horses forms the basis of this intensive.
- An emphasis will be placed on revision and consolidation of the Bowen moves learnt from M1, M2 & M3.
- Case Studies provided at M3 will be reviewed with the student if applicable.
- When applicable the instructor may take students to outside properties to practice applying Bowen treatments on unknown horses to further their knowledge in the assessment and treatment processes attached to clinical practice.
- Mock practical assessments will be undertaken to prepare the student for the Final Practical Assessments as the end of the program for qualifying.

Consolidation & Clinical Practice M1 to M4 - Diploma Program *(1 day intensive)*

Student outcomes:

- Assessing the student on anatomical landmarks, muscle and other soft tissue locations, palpation and assessment of horses forms the basis of this intensive.
- An emphasis will be placed on revision and consolidation of the Bowen moves learnt from M1, M2, M3 & M4.
- Case Studies provided at M4 will be reviewed with the student if applicable.
- When applicable the instructor may take students to outside properties to practice applying Bowen treatments on unknown horses to further their knowledge in the assessment and treatment processes attached to clinical practice.
- Mock practical assessments will be undertaken to prepare the student for the Final Practical Assessments as the end of the program for qualifying.

HOME STUDY

Equine Anatomy / Physiology / Biomechanics - Diploma Program

(Home Study)

- **Students are required to start this module before entry into M2.**
- **Completion of this module is required before sitting the Final Closed Book Assessment.**

A comprehensive manual on equine anatomy / physiology / biomechanics is supplied.

An Open Book Written Assessment (OBWA) – primarily a question/answer booklet, accompanies the manual. Upon completion, the booklet is posted to the Smart Bowen head office for marking and then returned to the student for study purposes.

The student is required to sit a Closed Book Written Assessment (CBWA) by nominated assessor in the student's location, on the contents of the OBWA.

Persons with prior anatomy qualifications such as vets and vet nurses or those with prior qualifications in equine anatomy may be exempt from this module and will be assessed on an individual basis.

Equine Written Assignment - Diploma Program

(Home Study)

- **The student is required to submit a written assignment on a disease of their choice in relation to the equine form, and how that disease process may affect the horse in form and function.**

Written assignment must be more than 2000 words with double spaced lines on A4 paper, with the references listed where information was gathered from.

Written assignment must be returned to the Smart Bowen head office before the Final Practical Assessment.

Equine Case Studies (M1 & M2) - Diploma Program

(Home Study)

- **Five horses are selected after M2. Each horse will receive 2 Bowen treatments using Bowen moves from M1 & M2.**

Case Study booklet with templates to follow will be provided at M2 intensive.

Case Study booklet must be filled in and returned to the instructor prior to the First - Consolidation & Clinical Practice of M1 to M2 - Practitioner Program.

Equine Case Studies (M1-3) – Diploma Program

(Home Study)

- **Five horses are selected after M3. Each horse will receive 2 Bowen treatments using Bowen moves from M1 to M3.**

Case Study booklet with templates to follow will be provided at M3 intensive.

Case Study booklet must be filled in and returned to the instructor prior to the Second - Consolidation & Clinical Practice of M1 to M3 - Practitioner Program.

Equine Case Studies (M1-4) - Diploma Program

(Home Study)

- **Five horses are selected after M4. Each horse will receive 2 Bowen treatments using Bowen moves from M1 to M4.**

Case Study booklet with templates to follow will be provided at M4 intensive.

Case Study booklet must be filled in and returned to the instructor prior to the final consolidation day, incorporating the Final Practical Assessment.

Equine Log Book - Diploma Program

(Home Study)

Log Book - 30 treatments on horses

A Log Book recording 30 Bowen treatments, signed off by the owner/trainer will be provided at the M2 intensive. Once completed the Log Book is returned to the head office of Smart Bowen or the students instructor before the Final Practical Assessment.