



READ CAREFULLY

On the right hand side indicate by ticking the box what your enrolling in and paying for. Submit (pages 2 to 5) to Lea Smart or for the **initial enrolment**. Then **each time** you pay for something, this form needs to accompany the payment and be emailed /mailed to Lea Smart at the time of payment.

TICK THE BOX BEING PAID FOR

| | | |
|---|-------------------------|--------------------------|
| Canine Owners and / or Canine Certificate Program | | <input type="checkbox"/> |
| Module 1 – Canine Essentials - inclusive required Text Book - Peter Goody 'Dog Anatomy' valued @ \$30 | \$580 | <input type="checkbox"/> |
| Paid 21 days in advance of the scheduled program | Early Bird \$510 | <input type="checkbox"/> |
| I already have the Text Book - Peter Goody 'Dog Anatomy' please tick here and pay the course fee of \$480 early bird / \$550 late fee. | | <input type="checkbox"/> |
| Canine Certificate Program | | <input type="checkbox"/> |
| Canine Anatomy - Home Study *Required purchase with Module 2 | \$200 | <input type="checkbox"/> |
| Module 2 - Training Intensive *Required purchase with Canine Anatomy | \$660 | <input type="checkbox"/> |
| Paid 21 days in advance of the scheduled program | Early Bird \$590 | <input type="checkbox"/> |
| Module 1 & 2 - Consolidation Bowen Practice | \$360 | <input type="checkbox"/> |
| Paid 21 days in advance of the scheduled program | Early Bird \$295 | <input type="checkbox"/> |
| Module 3 - Training Intensive | \$660 | <input type="checkbox"/> |
| Paid 21 days in advance of the scheduled program | Early Bird \$590 | <input type="checkbox"/> |
| Modules 1 - 3 - Consolidation Bowen Practice | \$360 | <input type="checkbox"/> |
| Paid 21 days in advance of the scheduled program | Early Bird \$295 | <input type="checkbox"/> |
| Final Written Assessment - Home Study / M1 to 3 Study Guide Q/A | \$115 | <input type="checkbox"/> |
| Final Practical Assessment – Certificate Certification | \$360 | <input type="checkbox"/> |
| Paid 21 days in advance of the scheduled program | Early Bird \$295 | <input type="checkbox"/> |
| PROGRAM TOTAL - @ Early Bird (full program) | \$2890 | <input type="checkbox"/> |

THIS IS A 'PAY AS YOU GO' PROGRAM OR PAY IN FULL UP FRONT

If you would like to pay the full program fee 'upfront' @ the Early Bird price, please contact Lea Smart before doing so – info@smartbowen.com

Module 1 – Dog Owners & Certificate Program

(2 day intensive - please note that 2 full days is based on large groups only not private tuition or small groups which are provided over a shorter time allowance, fees remain the same).

The delivery of this program is based on treating dogs, all Bowen moves can be applied to cats and other small animals with equal success and some inclusion of other species will be found in the manuals. Students learn 8 fundamental Bowen moves/sequences that make up the **Basic Body Balance**, which are commonly found within most Bowen treatments applied to dogs. A detailed manual is provided with Module 1.

Bowen Moves learnt in the Basic Body Balance:

- | | |
|----------------------|---------------------|
| 1. Lumbar Activators | 5. Guteals |
| 2. Wither Activators | 6. Lattisimus Dorsi |
| 3. Neck | 7. Hamstrings |
| 4. Open Back | 8. Abdominals |

Material covered within the M1 manual:

- **History of Tom Bowen** (short version)
- **History of Smart Bowen**
- **Anatomy** - foundational information on dog anatomy
- **Planning and Performing a Bowen Treatment** - covers a wide range of relevant information associated with the delivery of successful Bowen treatments.
- **OHS** – working safely around dogs and other animals
- **Bowen Moves** – each of the 8 Bowen moves/sequences that make up the Basic Body Balance are studied in detail. The muscles associated with the Bowen moves, the location, anatomical landmarks and more are covered in this section to make the application of the BBB easy to follow and understand.
- **Bowen Applications** – dogs are presented with different problems and the student will learn how they might apply all or some of the 8 Bowen moves learnt in a variety of ways.
- **Study Guide** – for general knowledge and for students continuing into the Canine Certificate Program, a study guide is provided.

Student Outcomes - During the training intensive the student will learn to look at their animals in an amazingly different way. Working safely around animals is important and to this effect we cover practical, common sense approaches. The student will gain general information on how to maximise the effect of the Bowen Therapy applied. An appreciation of the anatomical placement of key muscle/skeleton and other soft tissue that encompass dog anatomy will be gained whilst learning how to successfully apply the Bowen moves, formulate a treatment to facilitate health and wellbeing for their animal/s.

At the back of M1 manual a study guide is provided for the continuing education of the student. A series of questions have been asked to which the student answers by resourcing their manual. A checklist page with the answers is provided. Material covered in the study guide will be in the Final Written Assessment (Closed Book) that students must complete as part of their qualifications in the Canine Certificate Program.

Point Location Chart and Questions – a further study guide is provided for the student to learn palpable point locations on the dog along with key skeletal, muscles, tendons and ligaments. In the certificate program the student will be continually assessed on their knowledge of the horses anatomy, as this forms an element of the Final Practical Assessment which the student will need to prove competency in.

PLEASE NOTE: *From attendance at Module 1, the student will now be given 3 months in which to enrol into M2 should they desire to do the certificate program. At the same time as enrolment into M2, the student will need to purchase the Canine Anatomy (the student may purchase this prior to M2 which is advised to get an early start on this home study component. *Enrolment date will factor in a minimum 21 day lead into M2 dates to ensure early bird price.*

Should the student take longer than the 3 months to enrol into M2, the student may be required to attend additional curricular revision time at their expense, with the instructor who will dictate how much revision time is required before they can attend the M2 intensive.

****It is essential before committing to the Canine Certificate Program, that you read the information provided on page 3 outlining time-frame requirements in which to complete the program.**

Module 2 – Certificate Program

(2 day intensive - please note that 2 full days is based on large groups only not private tuition or small groups which are provided over a shorter time allowance, fees remain the same).

Students learn a further 9 fundamental Bowen moves/sequences supportive to the Basic Body Balance, commonly found within most Bowen treatments applied to dogs. A detailed manual is provided with Module 2.

Bowen Moves learnt in M2

- | | |
|--------------------|----------------------|
| 1. Closing Back | 6. Breathing Release |
| 2. Extra Back | 7. Shoulder |
| 3. Biceps Femoris | 8. Kidney |
| 4. Girth | 9. Tail |
| 5. Brachiocephalic | |

Material covered within the M2 manual:

- **History of Tom Bowen** (expanded version)
- **Consultation & Processes**
- **Anatomy** - foundational information expanded
- **Bowen Moves** – each of the 9 Bowen moves/sequences are studied in detail. The muscles associated with the Bowen moves, the location, anatomical landmarks and more are covered in this section to make the application each easy to follow and understand.
- **Bowen Applications** – dogs are presented with different problems and the student will learn how they might apply the Bowen moves learnt in a variety of ways.
- **Study Guide** – for general knowledge and for students continuing into the Certificate Program, a study guide is provided.
- **Assignment** - Student researches 3 canine diseases that affect dogs that Bowen Therapy may assist with and delivers them in written format.
- **Case Studies** – Students will be provided a booklet to fill in and return. (see Home Study).
- **Log Book** - Students will be provided a booklet to fill in and return. (see Home Study).

Student Outcomes - During the training intensive the student will build on essential knowledge aimed at assessing dogs through visual and palpation techniques. Anatomical placement of the skeleton, muscles, ligaments and tendons will be expanded upon. Students will revise the M1 Bowen moves and learn a further 9 Bowen moves to facilitate successful treatments on the animals for health and wellbeing.

At the back of M2 manual a study guide is provided for the continuing education of the student. A series of questions have been asked to which the student answers by resourcing their manual. A checklist page with the answers is provided. Material covered in the study guide will be in the Final Written Assessment (Closed Book) that students must complete as part of their qualifications in the Certificate Program.

Point Location Chart and Questions – a further study guide is provided for the student in M2 to learn palpable point locations on the dog along with key skeletal, muscles, tendons and ligaments. In the certificate program the student will be continually assessed on their knowledge of the horses anatomy, as this forms an element of the Final Practical Assessment which the student will need to prove competency in.

PLEASE NOTE: It will be deemed from M2 enrolment that the student has entered into the Certificate of Canine Smart Bowen Therapy program and will have 12 months from that point, to complete the entire program. Should the student be unable to meet the required 12 months training period, or delay enrolment into any of the certificate program modules/consolidations within the allotted time-frames, they will become officially un-enrolled from the certificate program, and should they desire to re-enrol back into the certificate program, there will be a \$200 administration fee applied. The student will only be granted one (1) re-enrolment throughout the entire certificate program.

Any lengthy time frame/s or un-enrolment between any of the training intensives may result in additional curricular revision time at the student's expense. Your instructor will advise if this is the case at the time and will dictate how much additional revision time is required dependent on the student's skill level. We are here to assist you through the program and should difficulties arise, short extensions may be applied for, under extenuating circumstances and are at the discretion of Lea Smart - Smart Bowen.

By following the guide below the program can be completed comfortably in 45 weeks, allowing approximately 9 weeks between each of the training intensives to undertake the home-study requirements and have them completed in time, leaving some flexibility between training intensives if required.

No more than 6 weeks after attendance at M2, the student will be required to enrol into M1 & 2 Consolidation being 21 days at least, in advance of training provided to secure the early bird price.

In addition the following 'Home-Study' requirements need to be met by the student:

- The Canine Anatomy purchased at the same time as enrolling in M2, will be required to be completed in full (open and closed book assessments) before M3.
- The Case Studies to M1 & 2 will be required to be completed and returned to the instructor before M3.

Module 3 – Certificate Program

(2 day intensive - please note that 2 full days is based on large groups only not private tuition or small groups which are provided over a shorter time allowance, fees remain the same).

Students learn a further 10 fundamental Bowen moves/sequences supportive to the Basic Body Balance and Bowen moves learnt in M1 & M2 which are commonly found within most Bowen treatments applied to dogs.

They also learn a Relaxation Technique that can be applied independently of a Bowen treatment, or within a Bowen Treatment. A detailed manual is provided with Module 3.

Bowen Moves learnt in M3

- | | |
|------------------------|-------------------------------|
| 1. Adductor Group | 6. Legs |
| 2. Lumbar Release | 7. Spinal Processes |
| 3. Sacrum | 8. Lymphatics |
| 4. Tensor Fascia Latae | 9. Tail |
| 5. Stifle | 10. Temporal Mandibular Joint |

Material covered within the M3 manual:

- **Anatomy** - foundational information expanded
- **Bowen Moves** – the muscles associated with the Bowen moves, the location, anatomical landmarks and more are covered in this section to make the application each easy to follow and understand.
- **Bowen Applications** – dogs presented with different problems and the student will learn how they might apply the Bowen moves learnt in a variety of ways.
- **Case Reviews** – Students are run through various cases that have specific muscular/skeletal conditions. With the instructor, each case is reviewed and discussed in detail.
- **Meridian & Energy Systems of the Dog** – like human's dogs (cats and other animals) have Acupuncture points and Meridian pathways as well as Chakras.
- Students learn how to apply a **Relaxation Technique** using Bowen Therapy and other approaches to benefit the animal's health and wellbeing.
- **Study Guide** – for general knowledge and for students continuing into the Canine Certificate Program, a study guide is provided.
- **Case Studies** – students will be provided a booklet to fill in and return. (see Home Study).

Student Outcomes - During the training intensive the student will build on essential knowledge aimed at assessing dogs through visual and palpation techniques. Anatomical placement of the skeleton, muscles, ligaments and tendons will be expanded upon. Students will revise the M1 & M2 Bowen moves and learn a further 10 Bowen moves and a Relaxation Technique to health and wellbeing for their animal/s.

At the back of M3 manual a study guide is provided for the continuing education of the student. A series of questions have been asked to which the student answers by resourcing their manual. A checklist page with the answers is provided. Material covered in the study guide will be in the Final Written Assessment (Closed Book) that students must complete as part of their qualifications in the Certificate Program.

Point Location Chart and Questions – a further study guide is provided for the student in M3 to learn palpable point locations on the dog along with key skeletal, muscles, tendons and ligaments. In the certificate program the student will be continually assessed on their knowledge of the horses anatomy, as this forms an element of the Final Practical Assessment which the student will need to prove competency in.

PLEASE NOTE: *No more than 6 weeks after attendance at M1 & 2 Consolidation the student will be required to enrol into M3 - being 21 days at least in advance of training provided to secure the early bird price.*

Consolidation M1 & M2 – Certificate Program

(1 day intensive - please note that 1 full day is based on large groups only not private tuition or small groups which are provided over a shorter time allowance, fees remain the same).

Student outcomes:

- Assessing the student on anatomical landmarks, muscle and other soft tissue locations, palpation and assessment of dogs forms the basis of this intensive.
- An emphasis will be placed on revision and consolidation of the Bowen moves learnt from M1 & M2.
- Case Studies provided will be reviewed with the student if applicable.
- **When and if applicable** the instructor may invite people with their dogs to come in for practice applying Bowen treatments to further their knowledge in the assessment and treatment processes attached to clinical practice.

***PLEASE NOTE:** No more than 6 weeks after attendance at M1 & 2 Consolidation the student will be required to enrol into M3 - being 21 days at least in advance of training provided to secure the early bird price.*

Consolidation M1 to M3 – Certificate Program

(1 day intensive - please note that 1 full day is based on large groups only not private tuition or small groups which are provided over a shorter time allowance, fees remain the same).

Student outcomes:

- Assessing the student on anatomical landmarks, muscle and other soft tissue locations, palpation and assessment of dogs forms the basis of this intensive.
- An emphasis will be placed on revision and consolidation of the Bowen moves learnt from M1, M2 & M3.
- Case Studies provided at M3 will be reviewed with the student if applicable.
- **When and if applicable** the instructor may invite people with their dogs to come in for practice applying Bowen treatments to further their knowledge in the assessment and treatment processes attached to clinical practice.

***PLEASE NOTE:** No more than 6 weeks after attendance at M3 the student will be required to enrol into Consolidation 1 to 3 - being 21 days at least in advance of training provided to secure the early bird price.*

The written assignments outlined in M2, need to be returned to the Lea Smart for assessment, before the Final Practical Assessment is attended.

HOME STUDY

Dog Anatomy Module – Certificate Program

Please Note: Is required to be purchased either before or at the same time as M2.

(Home Study)

A comprehensive manual on canine anatomy / physiology / fascia / biomechanics / stretching / trigger points is supplied.

Due to the magnitude of canine anatomy covered in throughout the program, not all of the subject material can be inserted into the 3 modules delivered at training intensives. The independent module **Canine Anatomy** covers the remaining material and is delivered via **home study** for the student to study and be assessed by nominated supervisor.

An Open Book Written Assessment (OBWA) – primarily a question/answer booklet, accompanies the manual. Upon completion, the booklet is posted to Lea Smart for critiquing and then returned to the student for study purposes.

The student is required to sit a Closed Book Written Assessment (CBWA) by nominated assessor in the student's location, on the contents of the OBWA.

We get asked all the time if there are exemptions with prior anatomy gained through veterinary, veterinary nurse and other animal/equine related qualifications. Due to the magnitude of canine anatomy delivered in this program, it will be necessary to evaluate each persons prior qualifications to determine the extent of anatomy covered and how long ago the qualification was gained. There is no harm in asking for your prior qualifications to be reviewed and exemptions either in part or full may be granted in certain circumstances. Please note for any review process, we will need a detailed breakdown of the subjects covered relating to anatomy and physiology of the equine form and evidence to support the said qualification.

***Please Note:** The Canine Anatomy purchased at the same time as enrolling in M2, will be required to be completed in full (open and closed book assessments) before M3. The student may purchase the Canine Anatomy prior to M2, and we do recommend this so that the student can devote more time if needed to completing this module.*

Canine Assignment

(Home Study)

- **The student is required to submit 3 written assignments each on a disease of their choice in relation to the canine form, and how that disease process may affect the dog in form and function.**

Each written assignment must contain at least a 1000 words, be double spaced lines on A4 paper, with the references listed where information was gathered from.

***Please Note:** The completed written assignments outlined in M2, are required to be returned to Lea Smart for assessment, before the Final Practical Assessment is attended.*

Canine Case Studies (M1 & 2) – Certificate Program

(Home Study)

Five dogs and or other animals are selected after M2. Each dog will receive 2 Bowen treatments using Bowen moves from M1 & M2.

- Case Study booklet with templates to follow will be provided at M2 intensive.
- Case Study booklet must be filled in and returned to the instructor prior to the First - Consolidation of M1 to M2

Please Note: The Case Studies to M1 & 2 will be required to be completed and returned to the instructor before M3. Your instructor may request a percentage of the cases studies to be completed before Consolidation 1 & 2 (i.e. 2 out of the 5 Case Studies) and the rest before the Module 3.

Canine Case Studies (M3) – Certificate Program

(Home Study)

Five dogs and or other animals are selected after M3. Each animal will receive 2 Bowen treatments using Bowen moves from M1 to M3.

- Case Study booklet with templates to follow will be provided at M3 intensive.
- Case Study booklet must be filled in and returned to the instructor prior to the Second - Consolidation of M1 to M3.

Please Note: The Case Studies to M3 will be required to be completed and returned to the instructor before the Final Practical Assessment. Your instructor may request a percentage of the cases studies to be completed before the Consolidation 1 to 3 (i.e. 2 out of the 5 Case Studies) and the rest before the Final Practical Assessment.

Canine Log Book – Certificate Program

(Home Study)

Log Book - 50 treatments on dogs and or other animals.

- A Log Book recording 50 Bowen treatments in addition to those carried out for Case Studies (above). Each treatment needs to be signed off by the owner/trainer.
- The Log Book will be provided at the M2 intensive.

Please Note: The Log Book provided in M2 will be required to be completed and submitted to Lea Smart before the Final Practical Assessment.

Final Written Assessment (FPA) - Closed Book

(Nominated Assessor - an independent person known to the student in their location, supervises the student ,having received the FPA via registered mail from Lea Smart)

- The student will be required to sit a FPA by nominated supervisor at a time convenient to both student and supervisor.
- The FPA is based on the study guide questions/answers provided in each of the Modules 1, 2 & 3. The same questions will now be assess under (closed book).
- The FPA has been allotted 3 hours to complete. One hour for each modules questions.
- The nominated supervisor will receive the paper/s via registered mail and return via registered mail to the Lea Smart for assessment. A 70% pass is required over the 3 modules.

Please Note: The Study Guide Q/A sections attached to and found at the back of Modules 1, 2 & 3 will be required to be completed via Closed Book Written Assessment with a nominated supervisor before the Final Practical Assessment.

NOTE: Before the Final Practical Assessment can be attended by the student, the following needs to be attended and or completed:

- 1) Attendance at Modules 1 to 3 Training Intensives
- 2) Attendance at Modules 1 to 3 Consolidations
- 3) Submitted Modules 1 to 3 Case Studies throughout the program
- 4) Submitted the Log Book
- 5) Completed all Closed Book Assessments for the Study Guide Modules 1 to 3
- 6) Completed the Open and Closed Book Assessment for the Canine Anatomy Module

Final Practical Assessment (FPA) – Certificate Program

(1 day intensive - please note that 1 full day is based on large groups only not private tuition or small groups which are provided over a shorter time allowance, fees remain the same).

NOTE: on the day of the FPA the student **may** (this is up to the instructors discretion) be taken through a quick revision of any Bowen moves learnt in M1 to M3 in preparation for the Final Practical Assessment.

The FPA comprises of 3 components:

- **Treatment One** - The student will be required to perform a Practical Assessment on a dog provided, evaluating in a walkout, visual and palpation processes and discussion with the owner. The student will determine and apply the Bowen treatment (non-lymphatic/TMJ). A case card provided will record the owner and dogs details, student's findings, treatment protocol and follow up advice.
- **Treatment Two** - The student will be required to perform a Practical Assessment on a dog provided, evaluating in a walkout, visual and palpation process, and discussion with the owner. The student will determine and apply the **Full Body Lymphatic/TMJ** Bowen treatment. A case card provided will record the owner and dogs details, student's findings, treatment protocol and follow up advice.
- **In addition**, the instructor may request that the student demonstrate on a dog, other Bowen moves not included in the treatment one and two.
- **Point Location** – The student will be asked to identify up to 60 points comprising of, skeletal, muscle, tendon and ligaments on a dog. These will be based on the point location pages in the study guides from M1-M3.
- **Muscle Function** – The student will be asked to identify the function of 5 different common muscles.
- **A 70% pass is required on each assessment.**

Qualifying

Upon completion of all the required elements, the student will receive the:

