

## EQUINE PROGRAM FEES

This is not the enrolment form - if you would like to enrol please ask for the 'Enrolment Form' to be emailed to you

<b>Equine Owners and/or Equine Diploma Program</b>		
<b>Module 1 – Equine Essentials</b> - inclusive required Text Book - Peter Goody 'Horse Anatomy'.	\$580	
<b>Paid 21 days in advance of the scheduled program</b>	<b>Early Bird \$510</b>	
<b>I already have the Text Book - Peter Goody 'Horse Anatomy' please tick here and pay the course fee of \$480 early bird / \$550 late fee.</b>		
<b>Equine Diploma Program</b>		
<b>Equine Anatomy</b> - Home Study * <b>Required purchase with Module 2</b>	\$385	
<b>Module 2</b> - Training Intensive * <b>Required purchase Equine Anatomy</b>	\$660	
<b>Paid 21 days in advance of the scheduled program</b>	<b>Early Bird \$590</b>	
<b>Module 1 &amp; 2</b> - Consolidation Bowen Practice	\$330	
<b>Paid 21 days in advance of the scheduled program</b>	<b>Early Bird \$295</b>	
<b>Module 3</b> - Training Intensive	\$660	
<b>Paid 21 days in advance of the scheduled program</b>	<b>Early Bird \$590</b>	
<b>Modules 1 - 3</b> - Consolidation Bowen Practice	\$330	
<b>Paid 21 days in advance of the scheduled program</b>	<b>Early Bird \$295</b>	
<b>Module 4</b> - Training Intensive	\$660	
<b>Paid 21 days in advance of the scheduled program</b>	<b>Early Bird \$590</b>	
<b>Modules 1- 4</b> - Consolidation Bowen Practice	\$330	
<b>Paid 21 days in advance of the scheduled program</b>	<b>Early Bird \$295</b>	
<b>Final Written Assessment</b> - Home Study / M1 to 4 Study Guide Q/A	\$150	
<b>Final Practical Assessment</b> – Diploma Certification	\$330	
<b>Paid 21 days in advance of the scheduled program</b>	<b>Early Bird \$295</b>	
<b>PROGRAM TOTAL - @ Early Bird (entire program)</b>	<b>\$3995</b>	

**THIS IS A 'PAY AS YOU GO' PROGRAM OR PAY IN FULL UP FRONT**

If you would like to pay the full program fee 'upfront' at the Early Bird price, please contact Lea Smart before doing so - [info@smartbowen.com](mailto:info@smartbowen.com)

## Module 1 – Equine Essentials - Owner & Diploma Program

*2 day intensive - please note that 2 full days is based on large groups only not private tuition or small groups which are provided over a shorter time allowance, fees remain the same.*

Students learn 8 fundamental Bowen moves/sequences that make up the **Basic Body Balance**, which are commonly found within most Bowen treatments applied to horses.

A detailed manual is provided with Module 1.

### **Bowen Moves learnt in the Basic Body Balance:**

- |                         |                     |
|-------------------------|---------------------|
| 1. Lumbar Activators    | 5. Guteals          |
| 2. Wither Activators    | 6. Latissimus dorsi |
| 3. Open Back            | 7. Hamstrings       |
| 4. Neck (short version) | 8. Abdominals       |

### **Material covered within the M1 manual:**

- **History of Tom Bowen** (short version)
- **History of Smart Bowen**
- **Anatomy** - Introductory information on horse anatomy
- **Planning and Performing a Bowen Treatment** - Covers a wide range of relevant information associated with the delivery of successful Bowen treatments.
- **OHS** – Working safely around horses.
- **Bowen Moves** – Each of the 8 Bowen moves/sequences that make up the Basic Body Balance are studied in detail. The muscles associated with the Bowen moves, the location, anatomical landmarks and more are covered in this section to make the application of the BBB easy to follow and understand.
- **Bowen Applications** – Horses are presented with different problems and the student will learn how they might apply all or some of the 7 Bowen moves learnt in a variety of ways.
- **Study Guide** – For general knowledge and for students continuing into the Diploma Program, a study guide is provided.

**Student Outcomes** - During the training intensive the student will learn to look at their horses in an amazingly different way. Working safely around horses is important and to this effect we cover practical, common sense approaches. The student will gain general information on how to maximise the effect of the Bowen Therapy applied. An appreciation of the anatomical placement of key muscle/skeleton and other soft tissue that encompass the horse's anatomy will be gained whilst learning how to successfully apply the Bowen moves and formulate a treatment to facilitate health and wellbeing for their horse/s.

At the back of the M1 manual a study guide is provided for the continuing education of the student. A series of questions have been asked to which the student answers by resourcing their manual. A checklist page with the answers is provided. Material covered in the study guide will be in the Final Written Assessment (Closed Book) that the students are required to complete as part of their qualifications should they proceed through the Diploma Program.

Point Location Chart and Questions – Inclusive in the study guide a chart is provided for the student to learn palpable point locations on the horse along with key skeletal, muscles, tendons and ligaments.

Throughout the Diploma Program the student will be continually assessed on their knowledge of this material and in the Final Practical Assessment the student will need to be competent in these locations.

**PLEASE NOTE:** *From attendance at Module 1, the student will now be given 3 months in which to enrol into M2, and at the same time as enrolment, the student will need to purchase the Equine Anatomy. \*Enrolment date will factor in a minimum 21 day lead into M2 dates to ensure early bird price.*

*Should the student take longer than the 3 months to enrol into M2, the student may be required to attend additional curricular revision time at their expense, with the instructor who will dictate how much revision time is required before they can attend the M2 intensive.*

*It is essential before committing to the Equine Diploma Program, that you read the information provided on pages 3 & 4 outlining time-frames and requirements in which to complete the program.*

## Module 2 - Diploma Program

*2 day intensive - please note that 2 full days is based on large groups only not private tuition or small groups which are provided over a shorter time allowance, fees remain the same)*

Students learn a further 9 fundamental Bowen moves/sequences supportive to the Basic Body Balance, which are commonly found within Bowen treatments applied to horses.

A detailed manual is provided with Module 2.

### Bowen Moves learnt in M2

- |                             |                   |
|-----------------------------|-------------------|
| 1. Neck (full version)      | 6. Tail           |
| 2. Shoulder (short version) | 7. Biceps Femoris |
| 3. Girth                    | 8. Closing Back   |
| 4. Kidney                   | 9. Extra Neck     |
| 5. Brachiocephalic          |                   |

### Material covered within the M2 manual:

- **History of Tom Bowen** (expanded version)
- **Consultation & Palpation Process**
- **Anatomy** - Introductory information expanded
- **Bowen Moves** – Each of the 9 Bowen moves/sequences are studied in detail. The muscles associated with the Bowen moves, the location, anatomical landmarks and more are covered in this section to make the application each easy to follow and understand.
- **Bowen Applications** – Presentations of different problems with horses are reviewed and the student will learn how to apply the Bowen moves learnt in a variety of ways.
- **Study Guide** – For general knowledge and for students enrolled in the Diploma Program, a study guide is provided.
- **Assignment** - Student researches 3 equine diseases that affect horses that Bowen Therapy may assist with and delivers them in written format.
- **Case Studies** – Students will be provided a booklet to fill in and return. (see Home Study).
- **Log Book** - Students will be provided a booklet to fill in and return. (see Home Study).

**Student Outcomes** - During the training intensive the student will build on essential knowledge aimed at assessing horses through visual and palpation techniques. Anatomical placement of the skeleton, muscles, ligaments and tendons will be expanded upon. Students will revise the M1 Bowen moves and learn a further 9 Bowen moves to facilitate successful treatments on the horses for health and wellbeing.

At the back of the M2 manual a study guide is provided for the continuing education of the student. A series of questions have been asked to which the student answers by resourcing their manual. A checklist page with the answers is provided. Material covered in the study guide will be in the Final Written Assessment (Closed Book) that the students are required to complete as part of their qualifications should they proceed through the Diploma Program.

Point Location Chart and Questions – Inclusive in the study guide a chart is provided for the student to learn palpable point locations on the horse along with key skeletal, muscles, tendons and ligaments.

Throughout the Diploma Program the student will be continually assessed on their knowledge of this material and in the Final Practical Assessment the student will need to be competent in these locations.

**PLEASE NOTE:** *It will be deemed from M2 enrolment that the student has entered into the Diploma of Equine Smart Bowen Therapy program and will have 18 months from that point, to complete the entire program.*

*From M2 forward the student will be provided a time-line to their studies. By following the guide below the program is completed comfortably in 78 weeks, allowing approximately 9 weeks between each of the training intensive to undertake the home-study requirements and have them completed in time, leaving some flexibility between training intensives if required.*

*Enrolment will require commitment to the time-frames applied to each of the elements that make up the Diploma. A re-enrolment fee of \$200 will apply should the student fail to meet the time-lines. The student will only be granted one re-enrolment throughout the entire diploma program.*

*Short extensions may be applied for, under extenuating circumstances and are at the discretion of Lea Smart - Smart Bowen.*

*No more than 6 weeks after attendance at M2, the student will be required to enrol into M1 & 2 Consolidation being 21 days at least in advance of training provided to secure the early bird price.*

## Module 3 - Diploma Program

*2 day intensive - please note that 2 full days is based on large groups only not private tuition or small groups which are provided over a shorter time allowance, fees remain the same.*

Students learn a further 10 fundamental Bowen moves/sequences supportive to the Basic Body Balance and Bowen moves learnt in M1 & those learnt in M2 which are commonly found within Bowen treatments applied to horses.

A detailed manual is provided with Module 3.

### Bowen Moves learnt in M3

1. **Extra Back**
2. **Shoulder (full version)**
3. **Breathing Release**
4. **Pectorals**
5. **Inner Thigh**
6. **Adductor Group**
7. **Legs**
8. **Spinous Processes**
9. **Quadriceps Group**
10. **Relaxation Technique**

### Material covered within the M3 manual:

- **Anatomy** - Initial information expanded
- **Bowen Moves** – Each of the 9 Bowen moves/sequences are studied in detail. The muscles associated with the Bowen moves, the location, anatomical landmarks and more are covered in this section to make the application each easy to follow and understand.
- **Bowen Applications** – Presentations of different problems with horses are reviewed and the student will learn how to apply the Bowen moves learnt in a variety of ways.
- **Meridian & Energy Systems of the Horse** – Like humans' horses have Acupuncture points and Meridian pathways as well as Chakras.
- **Relaxation Technique** students will learn this specific technique using Bowen Therapy and other approaches to that compliment Bowen and benefit the horse's health and wellbeing.
- **Study Guide** – For general knowledge and for students continuing enrolled in the Diploma Program, a study guide is provided.
- **Case Studies** – Students will be provided a booklet to fill in and return. (see Home Study).

### Student Outcomes

During the training intensive the student will build on essential knowledge aimed at assessing horses through visual and palpation techniques. Anatomical placement of the skeleton, muscles, ligaments and tendons will be expanded upon. Students will learn a further 9 Bowen moves and a Relaxation Technique to facilitate successful treatments on horses.

At the back of the M3 manual a study guide is provided for the continuing education of the student. A series of questions have been asked to which the student answers by resourcing their manual. A checklist page with the answers is provided. Material covered in the study guide will be in the Final Written Assessment (Closed Book) that the students are required to complete as part of their qualifications should they proceed through the Diploma Program.

Point Location Chart and Questions – Inclusive in the study guide a chart is provided for the student to learn palpable point locations on the horse along with key skeletal, muscles, tendons and ligaments.

Throughout the Diploma Program the student will be continually assessed on their knowledge of this material and in the Final Practical Assessment the student will need to be competent in these locations.

*No more than 6 weeks after attendance at M3, the student will be required to enrol into M1 to 3 Consolidation being 21 days at least in advance of training provided to secure the early bird price.*

## Module 4 - Diploma Program

*2 day intensive - please note that 2 full days is based on large groups only not private tuition or small groups which are provided over a shorter time allowance, fees remain the same.*

Students learn a further 9 fundamental Bowen moves/sequences supportive to the Bowen moves learnt in M1 to M3. The Lymphatic Technique is a powerful addition to the Bowen Moves already learnt.

A detailed manual is provided with Module 4.

### Bowen Moves learnt in M4

1. Lumbar Release
2. Sacrum / Gluteal 1 & 2
3. Tensor Fascia Lata
4. Stifle
5. Serratus Dorsalis Caudalis
6. Iliocaecal
7. Lymphatic Technique
8. Temporomandibular Joint
9. Additional Head Moves

### Material covered within the M3 manual:

- **Anatomy** - Initial information expanded
- **Bowen Moves** – The muscles associated with the Bowen moves, the location, anatomical landmarks and more are covered in this section to make the application easy to follow and understand.
- **Bowen Applications** – Horses are presented with different problems and the student will learn how they might apply the Bowen moves learnt in a variety of ways.
- **Study Guide** – For general knowledge and for students enrolled in the Diploma Program, a study guide is provided.
- **Case Studies** – Students will be provided a booklet to fill in and return. (see Home Study).

### Student Outcomes

**Student Outcomes** - During the training intensive the student will build on essential knowledge aimed at assessing horses through visual and palpation techniques. Anatomical placement of the skeleton, muscles, ligaments and tendons will be expanded upon. Students will learn a further 9 Bowen moves to facilitate successful treatments on the horses for health and wellbeing.

At the back of the M4 manual a study guide is provided for the continuing education of the student. A series of questions have been asked to which the student answers by resourcing their manual. A checklist page with the answers is provided. Material covered in the study guide will be in the Final Written Assessment (Closed Book) that the students are required to complete as part of their qualifications should they proceed through the Diploma Program.

Point Location Chart and Questions – Inclusive in the study guide a chart is provided for the student to learn palpable point locations on the horse along with key skeletal, muscles, tendons and ligaments.

Throughout the Diploma Program the student will be continually assessed on their knowledge of this material and in the Final Practical Assessment the student will need to be competent in these locations.

*No more than 6 weeks after attendance at M4, the student will be required to enrol into M1 to 4 Consolidation being 21 days at least in advance of training provided to secure the early bird price.*

## Consolidation M1 & M2 - Diploma Program

*1 day intensive - please note that 1 day is based on large groups not private tuition or small groups which are provided over a shorter time allowance, fees remain the same.*

### Student outcomes:

- Assessing the student on anatomical landmarks, muscle and other soft tissue locations, palpation and assessment of horses forms the basis of this intensive.
- An emphasis will be placed on revision and consolidation of the Bowen moves learnt from M1 & M2.
- **When applicable** the instructor may take students to outside properties to practice applying Bowen treatments on unknown horses to further their knowledge in the assessment and treatment processes attached to clinical practice.
- Assessment processes help prepare the student for the Final Practical Assessments at the end of the program for qualifying.

## Consolidation M1 to M3 - Diploma Program

*1 day intensive - please note that 1 full day is based on large groups only not private tuition or small groups which are provided over a shorter time allowance, fees remain the same.*

### Student outcomes:

- Assessing the student on anatomical landmarks, muscle and other soft tissue locations, palpation and assessment of horses forms the basis of this intensive.
- An emphasis will be placed on revision and consolidation of the Bowen moves learnt from M3 and some revision from previous modules may apply.
- Case Studies provided at M3 may be reviewed by the instructor.
- **When applicable** the instructor may take students to outside properties to practice applying Bowen treatments on unknown horses to further their knowledge in the assessment and treatment processes attached to clinical practice.
- Assessment processes help prepare the student for the Final Practical Assessments at the end of the program for qualifying.

## Consolidation M1 to M4 - Diploma Program

*1 day intensive - please note that 1 full day is based on large groups only not private tuition or small groups which are provided over a shorter time allowance, fees remain the same.*

### Student outcomes:

- Assessing the student on anatomical landmarks, muscle and other soft tissue locations, palpation and assessment of horses forms the basis of this intensive.
- An emphasis will be placed on revision and consolidation of the Bowen moves learnt from M4 and some revision from previous modules may apply.
- Case Studies provided at M4 may be reviewed by the instructor.
- **When applicable** the instructor may take students to outside properties to practice applying Bowen treatments on unknown horses to further their knowledge in the assessment and treatment processes attached to clinical practice.
- Assessment processes help prepare the student for the Final Practical Assessments at the end of the program for qualifying.

## HOME STUDY

### Equine Anatomy Module - Diploma Program

#### *(Home Study)*

A comprehensive manual on equine anatomy / physiology / fascia / biomechanics / stretching / trigger points is supplied.

Due to the magnitude of equine anatomy covered in the equine program, not all of the subject material can be inserted into the 4 modules delivered at training intensives.

An additional module called **Equine Anatomy** covers the remaining material and is delivered via **home study** for the student to work through and then be assessed by nominated supervisor in their location.

- **The student may purchase and commence this module at any time prior to enrolling into M2 or at the same time as enrolment into M2.**
- **Completion of this module is required before attendance at the M4 intensive.**

An Open Book Written Assessment (OBWA) – primarily a question/answer booklet, accompanies the manual. Upon completion, the booklet is posted to Lea Smart for critiquing and then returned to the student for study purposes. *(We are in the process of making this available on-line in late 2018 /early 2019).*

The student will be required to sit a Closed Book Written Assessment (CBWA) by nominated assessor in the student's location, on the contents of the OBWA.

*We are often asked if there are exemptions with prior anatomy gained through veterinary, veterinary nurse and other animal/equine related qualifications. Due to the magnitude of equine anatomy delivered in this program, it will be necessary to evaluate each persons prior qualifications to determine the extent of anatomy covered and how long ago the qualification was gained. There is no harm in asking for your prior qualifications to be reviewed and exemptions either in part or full may be granted in certain circumstances. Please note for any review process, we will need a detailed breakdown of the subjects covered relating to anatomy and physiology of the equine form and evidence to support the said qualification.*

### Equine Written Assignment - Diploma Program

#### *(Home Study)*

- **The student will be required to submit 3 written assignments each on a disease of their choice in relation to the equine form, and how that disease process may affect the horse in form and function.**

Each written assignment must contain at least a 1000 words, be double spaced lines on A4 paper, with the references listed where information was gathered from.

The completed written assignments are required to be returned to the Lea Smart for assessment, before the Final Practical Assessment is attended.

### Equine Case Studies (M1 & M2) - Diploma Program

#### *(Home Study)*

- **Five horses are selected after M2. Each horse will receive 2 Bowen treatments using Bowen moves from M1 & M2 by the student.**
- Case Study booklet with templates to follow will be provided to the student at enrolment into M2.
- Case Study booklet must be filled in and returned to the instructor prior to Module 3.

## Equine Case Studies (M1-3) – Diploma Program

### *(Home Study)*

- **Five horses are selected after M3. Each horse will receive 2 Bowen treatments using Bowen moves from M1 to M3 by the student.**
- Case Study booklet with templates to follow will be provided to the student at enrolment into M3.
- Case Study booklet must be filled in and returned to the instructor prior to Module 4.

## Equine Case Studies (M1-4) - Diploma Program

### *(Home Study)*

- **Five horses are selected after M4. Each horse will receive 2 Bowen treatments using Bowen moves from M1 to M4 by the student.**
- Case Study booklet with templates to follow will be provided to the student at enrolment into M4.
- Case Study booklet must be filled in and returned to the instructor prior to the Final Practical Assessment

## Equine Log Book - Diploma Program

### *(Home Study)*

#### **Log Book - 50 treatments on horses**

- The Log Book records 50 Bowen treatments in addition to those carried out for Case Studies (above). Each treatment requires signing off in the Log Book by the owner/trainer on the day of treatment
- The Log Book will be provided at the M2 intensive.
- Once completed the Log Book is required to be returned to Lea Smart or the students instructor before the Final Practical Assessment.

## FPA - Final Written Assessment (Closed Book) – Diploma Program

### *Via Nominated Assessor - an independent person known to the student in their location, supervises the student (conditions apply) in the FPA.*

- The student will be required to sit a FPA by nominated supervisor at a time convenient to both student and supervisor.
- The FPA is based on the study guide questions/answers provided in each of the Modules 1, 2, 3 & 4. The same questions will now be assessed under (closed book) supervision.
- The FPA has been allotted 4 hours to complete. One hour for each module.
- The nominated supervisor will receive the paper/s via registered mail and are required to return the papers once completed via registered mail to Lea Smart for assessment. A 70% pass will be required over the 4 modules.
- The student has the option to sit all 4 Modules at one supervised sitting or individual sittings convenient to both student and nominated supervisor. Additional postage costs will apply for the latter option.



## Final Practical Assessment (FPA) – Diploma Program

*1 day intensive - please note that 1 full day is based on large groups only not private tuition or small groups which are provided over a shorter time allowance, fees remain the same.*

*The FPA is an accumulation of knowledge gained throughout the program, to be demonstrated by the student comprising of 3 oral/practical assessments, they are:*

- **Treatment One** - The student will be required to perform a Practical Assessment on a horse provided, evaluating in a walkout, visual and palpation processes and discussion with the owner/trainer/handler. The student will determine and apply a Bowen treatment. A case card provided will record the owner and horses details, student's findings, treatment protocol and follow up advice.
- **Treatment Two** - The student will be required to perform a Practical Assessment on a horse provided, evaluating in a walkout, visual and palpation process, and discussion with the owner/trainer/handler. The student will determine and apply the **Full Body Lymphatic/TMJ** Bowen treatment. A case card provided will record the owner and horses details, student's findings, treatment protocol and follow up advice.
- **In addition**, the instructor may request that the student demonstrate on a horse, other Bowen moves not included in either treatment.
- **Point Location** – The student will be asked to identify up to 60 points comprising of, skeletal, muscle, tendon and ligaments on a horse. These will be based on the point location pages in the study guides from M1-M4.
- **Muscle Function** – The student will be asked to identify the function of 5 different common muscles.

**A 70% pass is required on each assessment.**

😊 **RECAPPING** 😊

**Upon completion of all the required elements below:-**

- 1) **Attendance at Modules 1 through to 4 Training Intensives**
- 2) **Attendance at Modules 1 through to 4 Consolidations**
- 3) **Submitted Modules 1 through to 4 Case Studies**
- 4) **Submitted the Log Book**
- 5) **Submitted the 3 Assignments**
- 6) **Completed all Final Closed Book Assessments for the Study Guide Modules 1 to 4**
- 7) **Completed the Open and Closed Book Assessment for the Equine Anatomy Module**
- 8) **Completed the Final Practical Assessment**

**The student will qualify as a practitioner gaining the  
Diploma Equine Smart Bowen Therapy  
and may apply to complimentary health providers for  
practitioner membership and Insurance cover**



**Diploma Equine Smart Bowen Therapy**